Lesson 1 Practice Guide

Notes On The Piano:
- Practice 3 or 4 different groups of notes, up & down the keyboard
- Say each note as you play it

Peanut Butter Exercise
- Arpeggios: I IV I (say the note names as you play)
- Cadence (Chords): I IV I
  - Rh, Lh, Both
  - 4x, each chord
  - count out loud (2 beats, each chord... half notes)

Twinkle Twinkle, Little Star
- learn by ear & by rote (see video); no sheet music
  1. Black Notes (starts on G-flat): Rh, Lh, Both
  2. White Notes (starts on C): Rh, Lh, Both

Reading Exercise: “Quarters On Black”
- each line: Rh Lh Both 3P @m72-120
- count out loud
- keep your eyes on the music
Notes On The Piano

Practice saying & playing each group all the way up & down (or down & up) the keyboard.

<table>
<thead>
<tr>
<th>CDE groups:</th>
<th>FGAB groups:</th>
<th>Mixed groups:</th>
</tr>
</thead>
<tbody>
<tr>
<td>DEC</td>
<td>FBGA</td>
<td>CBGE</td>
</tr>
<tr>
<td>CED</td>
<td>GFBA</td>
<td>FDBC</td>
</tr>
<tr>
<td>ECD</td>
<td>AGFB</td>
<td>DAEG</td>
</tr>
<tr>
<td>EDC</td>
<td>BFAG</td>
<td>GCBF</td>
</tr>
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<td>ACGE</td>
</tr>
</tbody>
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CBDF, BEGA, DFCB, FEGD, EACG, GFDC, CABD, AFDE, DGBC
Chords (key of C Major):

I Chord →

IV Chord →
Quarters On Black

A Quarter note (\(\text{♩}\)) gets 1 beat.
A Quarter rest (\(\text{♩}^\text{r}\)) also gets 1 beat.

Assuming the music is in \(\text{\(\frac{4}{4}\)}}\) (or \(\text{\(\frac{3}{4}\)}}\), or \(\text{\(\frac{2}{4}\)}}\) time —